



the art and science of smart patch testing™

## AP122: Sodium benzoate

### Patient Information

Your patch test result indicates that you have a contact allergy to sodium benzoate. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

#### Where is sodium benzoate found?

Sodium benzoate is a preservative that can be found in acidic foods such as salad dressings, carbonated drinks, jams, juices, and condiments. It is also found in mouthwashes, silver polishes, cough syrups, soaps, and shampoos.

#### How can you avoid contact with sodium benzoate?

Avoid products that list the following in the ingredients:

- AI3-07835
- Antimol
- Benzoan sodny
- Benzoan sodny [Czech]
- Benzoate of soda
- Benzoate sodium
- Benzoesaure (na-salz)
- Benzoesaure (na-salz) [German]
- CCRIS 3921
- Caswell No. 746
- EINECS 208-534-8
- EPA Pesticide Chemical Code 009103
- FEMA No. 3025
- FEMA Number 3025
- HSDB 696
- Natrium benzoicum
- Sobenate
- Sodium benzoate

#### What are some products that may contain sodium benzoate?

**Body washes**

**Cleansers**

**Household products**

**Mouthwashes**

**Pet care**

**Shampoos/conditioners**

**Soaps**

**Toothpastes**

\*For additional information about products that might contain **sodium benzoate**, go to the Household Product Database online (<http://householdproducts.nlm.nih.gov>) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.