

# Sodium glutamate

CAS#: 6101-04-3



## Where is this allergen found?

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Sodium glutamate is a food additive and flavor enhancer. It is found in prepared stocks such as stock cubes and bouillon cubes, seasoning mixtures, barbecue sauce, salad dressing, canned/frozen/dried foods, and snacks such as flavored potato chips and tortilla chips.

## How can you avoid contact with this allergen?

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Avoid products that list any of the following names in the ingredients:

- AI3-18393
- Accent
- Accent (food additive)
- Ajinomoto
- Ancoma
- CCRIS 3625
- Chinese seasoning
- EINECS 205-538-1
- FEMA No. 2756
- Glutacyl
- Glutamat sodny
- Glutamat sodny [Czech]
- Glutamate Sodium
- Glutamate Sodium [JAN]
- Glutamate monosodium salt
- Glutamic acid, L-, sodium salt
- Glutamic acid, monosodium salt
- Glutammato monosodico
- Glutammato monosodico [Italian]
- Glutavene
- HSDB 580
- L(+) Sodium glutamate
- L-Glutamic acid sodium salt
- L-Glutamic acid, sodium salt (VAN)
- MSG

- Monosodioglutammato
- Monosodioglutammato [Italian]
- Monosodium L-glutamate
- Monosodium glutamate
- NSC 135529
- Natrium L-hydrogenlglutamat
- Natriumglutaminat
- Natriumglutaminat [German]
- RL-50
- Sodium L-glutamate
- Sodium L-glutamate (VAN)
- Sodium glutamate
- Sodium glutamate (VAN)
- Sodium hydrogen glutamate
- Vetsin
- Zest

## What are some products that may contain this allergen?

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### Food Products

- Barbecue sauce
- Chips
- Condiments
- Dried foods
- Frozen foods
- Seasonings

### Shampoos

For additional information about products that might contain this allergen, visit the Consumer Product Information Database. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.