



the art and science of smart patch testing™

MS377: Menthol

CAS#: 89-78-1

Patient Information

Your patch test result indicates that you have a contact allergy to menthol. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

Where is menthol found?

Menthol is often used to relieve minor throat irritation. It is found in cough medicines, lip balms, topical ointments, decongestants, and in medications used to treat sunburns. It is also found in certain brands of cigarettes, oral hygiene products, sodas, and perfumes.

How can you avoid contact with menthol?

Avoid products that list any of the following names in the ingredients:

- 2-Isopropyl-5-methylcyclohexanol
- 5-Methyl-2-(1-methylethyl)cyclohexanol
- AI3-08161
- CCRIS 9231
- Caswell No. 540
- EINECS 216-074-4
- EPA Pesticide Chemical Code 051601
- Menthol
- Menthyl alcohol

What are some products that may contain menthol?

Cloths:

- Imina Foaming Cleansing Cloths
- Noxzema 2 In 1 Pads Extra Strength
- Noxzema H2Foam Cleansing Cloths

Cosmetics:

- CoverGirl Cheekers Fashion Blush
- CoverGirl Classic Color Believable Blush
- CoverGirl Clean Liquid Make-Up
- CoverGirl Clean Liquid Make Up-Ethnic
- CoverGirl Clean Pressed Powder
- CoverGirl Clean Pressed Powder-Ethnic
- CoverGirl Instant Cheekbones Contouring Blush

Liquids/Creams/Lotions:

- Aveeno Moisturizing Lotion, Itch Relief With Natural Colloidal Oatmeal
- Clearasil StayClear Acne Defense Cleanser
- Clearasil StayClear Deep Clean Astringent
- Clearasil StayClear Zone Control Clearstick
- Olay Daily Facials Normal/Dry
- Olay Daily Facials Normal/Oily
- Olay Total Effects Cleansing Treatments
- Noxzema 2 In 1 Astringent
- Noxzema Original Skin Cream
- Noxzema Plus Cleansing Lotion, Plus Moisturizers, Pump
- Noxzema Sensitive Skin Cream-Jar
- Noxzema Skin Cream, Original
- Noxzema Skin Cream Pump Plus
- Palmolive Aromatherapy Liquid Hand Soap
- Ponds Clear Solutions, Pore Clarifying Astringent, Oily to Normal Skin
- Revlon Professional Cuticle Massage Night Cream
- Tiger Balm Extra Strength Pain Relieving Ointment
- Tiger Balm Tiger Liniment Penetrating Pain Relief
- Tiger Balm Ultra Strength Pain Relieving Ointment/Sports Rub

Oral Care:

- Fixodent Complete Denture Adhesive Cream
- Fixodent Denture Adhesive Cream
- Fixodent Denture Adhesive Powder, Extra Hold
- Listerine Antiseptic Mouthwash
- Listerine Cool Mint Antiseptic Mouthwash
- Listerine Fresh Burst Antiseptic Mouthwash

Shampoos/Conditioners:

- Selsun Blue Dandruff Shampoo, Medicated Treatment
- Thicker Fuller Hair Conditioning Rinse
- Thicker Fuller Hair Moisturizing Shampoo
- Thicker Fuller Hair Volumizing Finishing Styler

Shaving Products:

- Noxzema Instant Shave-Regular
- Skin Bracer by Mennen After Shave, Original

*For additional information about products that might contain **menthol**, go to the Household Product Database online (<http://householdproducts.nlm.nih.gov>) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.